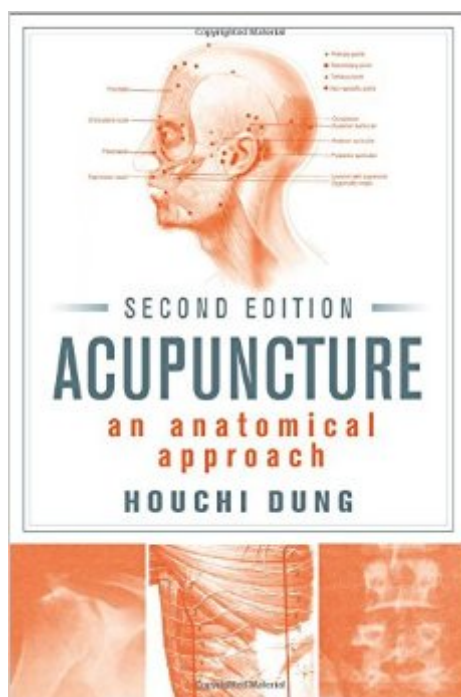


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# Acupuncture: An Anatomical Approach, Second Edition



## Synopsis

Practiced for more than 2,000 years, acupuncture was once restricted to the realm of alternative medicine. It was thought to be based on mythical elements and not easily understood by those in the scientific community. *Acupuncture: An Anatomical Approach, Second Edition* dispels these notions and brings this once backroom therapy into the forefrontâ• explaining it in terms that can be easily comprehended by all medical professionals. Presenting a scientific, anatomical approach to acupuncture, this volume discusses:

- The basics of the nervous system
- Acupuncture points located in the head and face, formed by the cranial nerves
- The cervical plexus, which forms acupuncture points in the neck region
- Acupuncture points formed by the brachial plexus in the upper limbs, spinal nerves in the body trunk, and the lumbarâ• sacral plexuses in the lower limbs
- The anesthesia effect of biochemical substances in the nervous system
- The measurement and quantification of pain
- Applications of acupuncture in clinical practice, from cases easy to treat to those more challenging
- Theories on the future of acupuncture
- The treatment of pain, in general, is controversial, as many therapies have unintended consequences and side effects. Acupuncture provides a therapy that is quick, easy to perform, and requires no medications. This volume enables physicians, osteopaths, pain specialists, chiropractors, and other health professionals to perform this effective treatment for their patients who experience both chronic and acute pain.

## Book Information

Hardcover: 256 pages

Publisher: CRC Press; 2 edition (October 24, 2013)

Language: English

ISBN-10: 1466581921

ISBN-13: 978-1466581920

Product Dimensions: 7.2 x 0.8 x 10 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 starsÂ• Â• See all reviewsÂ• (2 customer reviews)

Best Sellers Rank: #915,647 in Books (See Top 100 in Books) #87 inÂ• Books > Textbooks >

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## Customer Reviews

I'm not usually one to give terrible reviews, but this book is full of ridiculous statements such as,

"The Chinese are known to have practiced acupuncture for approximately 2000 years, although it was nearly forgotten until the Communists resurrected it and forced their Western-style physicians to learn traditional Chinese medicine." It's untrue and quite hilarious to any acupuncturist (yes, I am one). It goes on, "[Moxibustion] is a metaphysically based purification ritual called 'smudging' by its practitioners because the smoke is thought to cleanse the air of negative energies...Moxibustion has no therapeutic effect and is dangerous in that it may burn the skin or a major nerve beneath it." Um, no. Funny though. "This book is intended for physicians, and it is to be remembered that many acupuncturists in the world have no medical training." What a shame to see another health care provider spread such misinformation to other MDs. Acupuncturists complete a 3- to 4-year master's degree, including modern anatomy, physiology, chemistry, physics, etc. The "anatomical" part of the book is what acupuncturists call *ashi* needling, with some explanation of basic underlying anatomical structures. If you want to learn acupuncture, study Chinese medical theory. There are no substitutes or shortcuts.

From his more than 40 years' research and clinical practice, Dr. H.C. Dung modernized traditional Chinese acupuncture. All the books he published, representing the great milestone in acupuncture history. No exaggeration, his anatomical approach and his discovery of the systemic sensitization of peripheral nervous system, is the most important discovery since Internal Medicine of Yellow Emperor's Canon. In addition, the medical meaning of his approach and discovery is much more beyond the concepts of anatomy. In fact, Dr. Dung has laid a solid foundation of modern dry needling. The deeper physiological meaning of his system is much more beyond his book. His system is much more related to human homeostasis, anatomically, physiologically, and biomechanically. Thus, this book is the fundamental foundation to all needling clinicians, medical doctors, chiropractic doctors, physical therapists, and especially the traditionally-trained acupuncturists.

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